

8/1/2022

Covid-Related Information for the FSMA Nurse's Office

What are the COVID guidelines for school?

We follow the isolation and quarantine guidelines from the Delaware Department of Public Health (DPH). The most current guidelines are from March 14, 2022, and are in the form of an infographic which is on [our website under Covid Resources](#).

What about Covid vaccines?

Those 6 months through 11 years are eligible to receive doses 1 and 2 of the COVID vaccine (Booster is recommended for immune-compromised students but it is not "required" until age 12.)

Those 12 years and older are eligible to receive doses 1 and 2 of the COVID vaccine, followed by a booster dose 5 months after dose 2.

*To avoid quarantine, students must be up-to-date on their vaccinations (2 shots for ages 6 months to 11 years, and 3 shots for ages 12 and older.)

Please send the school nurse a hard copy or emailed photo of the vaccine card once the vaccines are complete.

Grades K-3: send card to Nurse Laurie at Laurie.murray@fsma.k12.de.us

Grades 4-8: send card to Nurse Becky at rebecca.adeleke@fsma.k12.de.us

Do the staff and students need to wear face masks at school?

Face masks are not required at school, but anyone who prefers to wear a face mask may do so.

What should I do if my child is sick?

Keep sick children home from school, contact your health care provider as needed, and test them for COVID. Per DPH, home rapid test kits, or PCRs from healthcare providers/COVID testing centers, are all acceptable.

If the test result is positive: be sure to keep your child home and follow the directions on the infographic. While school is in session, notify the school nurse of positive results and guidance will be provided.

Non-COVID related illnesses- return to school once feeling better as long as student is without vomiting, diarrhea, or fever (100.4 or above) for 24 hours, without the use of medication.

Helpful Links:

Information on vaccinating children:

<https://coronavirus.delaware.gov/vaccine/vaccine-information-for-children/>

Where to find vaccination locations:

<https://coronavirus.delaware.gov/vaccine/where-can-i-get-my-vaccine>

Where to find COVID testing:

<https://coronavirus.delaware.gov/testing/>