

## Next Steps for Covid-Related Issues for **Non-Vaccinated Students/Staff**

Revised December 2021

This includes anyone who is 6 months out from their 2<sup>nd</sup> vaccine without a booster (and eligible)

<p><b>My child has had a known exposure to COVID-19, outside of school</b> (exposure means that your child was within 6 feet of a lab confirmed positive case for more than 15 minutes).</p>	<p><b>My child is exhibiting one of the core Covid-19 symptoms:</b>                  Fever (100.4 and above)                  Fatigue or extreme exhaustion                  New/worsening cough                  Nausea, vomiting or diarrhea                  New/worsening shortness of breath                  Sore throat</p>	<p><b>My child has tested positive for COVID-19</b>                  *If your child tested positive at school during weekly antigen testing, you must go for PCR testing. The PCR test results can override the at-school antigen test results.</p>	<p><b>My child has been determined as a close contact/known exposure through FSMA's onsite testing.</b>                  In schools, the CDC Guidance is that anyone who was within 6 feet of an infected student for more than 15 minutes and either the positive student or close contact was not properly wearing a mask.</p>
<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. Contact FSMA's Covid Coordinator – Courtney Fox</li> <li>2. Contact your Primary Care Provider</li> <li>3. You may receive a call from Department of Public Health (DPH) Contact Tracing. Follow DPH instructions</li> <li>4. Test as early as day 5 from exposure and send results to FSMA</li> </ol>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. Stay home</li> <li>2. Ask yourself if your child may have been exposed to COVID-19. For example:                         <ul style="list-style-type: none"> <li>○ Around an individual with a lab confirmed case?</li> <li>○ Traveled recently?</li> <li>○ Attended a group gathering?</li> </ul> </li> <li>3. Contact Nurse Laurie or Nurse Becky to share symptoms.</li> <li>4. Contact your Primary Care Provider and follow the recommended course of action</li> </ol>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. You will be contacted by Department of Public Health (DPH)</li> <li>2. Contact your Primary Care Physician</li> <li>3. Contact FSMA's Covid Coordinator – Courtney Fox</li> <li>4. Complete a 10 day isolation</li> </ol>	<p><u>What should I do?</u>                  FSMA will contact you directly to let you know about the situation.</p> <p>Specific information about close contacts can be found on our website under Current Families/ Covid Resources.</p> <p>When quarantining due to close contact, please review the Close Contact and Quarantining document and contact your child's teacher to create a plan.</p>
<p><u>In order to return:</u>                  Negative covid test (5 – 7 days after known exposure)                  Complete quarantine (10 days or 7 days is negative test at least 5 days after known exposure)</p>	<p><u>In order to return:</u>                  Be symptom free for at least 24 hours without medication AND one of the following:                  € Complete quarantine (10 days) OR                  € Receive a negative covid test (on day 5-7 if there was an exposure)</p>	<p><u>In order to return:</u>                  Complete isolation as dictated by DPH                  No follow-up test for 3 months</p>	<p><u>In order to return:</u>                  Negative covid test (5 – 7 days after known exposure)                  ___Complete quarantine (10 days or 7 days is negative test at least 5 days after known exposure)</p>
<p><b>Important to Note:</b>                  If your child had a known exposure, all siblings who attend FSMA should complete the 10 day quarantine and or return on day 8 if you submit a negative covid test at day 5 - 7.                  Absences during quarantine will be considered excused.</p>	<p><b>Important to Note:</b>                  Siblings should be monitored closely for symptoms. Sibling situations will be considered on a case by case basis, depending upon exposure, symptoms, etc.                  Absences during quarantine will be considered excused (for student and siblings).</p>	<p><b>Important to Note:</b>  <u>What will FSMA do?</u> In the case of a student testing positive, FSMA, will work with DPH to determine who is considered a close contact. FSMA will not share any identifying information as we communicate with those who have been in close contact.</p>	<p><b>Important to Note:</b>                  *Please know that the student/staff who tested positive will have a PCR test completed to verify positive results. This test overrides the antigen testing done at school. If a negative PCR test is received, your child will no longer be considered a close contact and can return to school.</p>

## Next Steps for Covid-Related Issues for **Vaccinated Students**

*This applies to anyone who has received 2 doses of their vaccine and is boosted (if eligible)*

<p>My child has had a <b>known exposure to COVID-19, outside of school</b> (exposure means that your child was within 6 feet of a lab confirmed positive case for more than 15 minutes).</p>	<p>My child is <b>exhibiting one of the core Covid-19 symptoms:</b>                  Fever (100.4 and above)                  Fatigue or extreme exhaustion                  New/worsening cough                  Nausea, vomiting or diarrhea                  New/worsening shortness of breath                  Sore throat</p>	<p><b>My child (or staff member) has tested positive for COVID-19</b>                  *If your child tested positive at school during weekly antigen testing, you must go for PCR testing. The PCR test results can override the at-school antigen test results.</p>	<p><b>My child has been determined as a close contact/known exposure through FSMA's onsite testing.</b>                  In schools, the CDC Guidance is that anyone who was within 6 feet of an infected student for more than 15 minutes and either the positive student or close contact was not properly wearing a mask.</p>
<p><u>What should I do?</u></p> <p>Contact FSMA's Covid Coordinator – Courtney Fox</p> <p>Wear a mask for 10 days from the exposure</p> <p>No quarantine required for vaccinated staff or students</p> <p>Strongly recommended:                  Test no earlier than day 5 from known exposure</p>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. Stay home</li> <li>2. Ask yourself if your child may have been exposed to COVID-19. For example:                         <ul style="list-style-type: none"> <li>○ Around an individual with a lab confirmed case?</li> <li>○ Traveled recently?</li> <li>○ Attended a group gathering?</li> </ul> </li> <li>3. Contact Nurse Laurie or Nurse Becky to share symptoms and determine if testing is needed to return</li> <li>4. Contact your Primary Care Provider and follow the recommended course of action</li> <li>5. Return to school if symptom free for 24 hours without medication</li> </ol>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. You will be contacted by Department of Public Health (DPH)</li> <li>2. Contact your Primary Care Physician</li> <li>3. Contact FSMA's Covid Coordinator – Courtney Fox</li> <li>4. Complete a 10 day isolation</li> </ol> <p>For staff who test positive, the isolation period can be 5 days if no symptoms and staff must be fully masked for days 6 – 10. If symptoms after day 5, staff can return once symptom free for 24 hours without medication.</p>	<p><u>What should I do?</u></p> <p>FSMA will contact you directly to let you know about the situation.</p> <p>No quarantine required for vaccinated staff or students</p> <p>Wear a mask at all times for 10 days from the exposure</p> <p>Strongly recommended:                  Test no earlier than day 5 from known exposure</p>
	<p><b>Important to Note:</b>                  Siblings should be monitored closely for symptoms. Sibling situations will be considered on a case by case basis, depending upon exposure, symptoms, etc.</p>	<p><b>Important to Note:</b>                  FSMA will not share any identifying information as we communicate with those who have been in close contact.</p> <p>*No follow-up test for 3 months</p>	

**Please Note:** **All test results should be sent directly to our Covid Coordinator** – [courtney.fox@fsma.k12.de.us](mailto:courtney.fox@fsma.k12.de.us)

For health and medical questions, please contact Nurse Laurie – [laurie.murray@fsma.k12.de.us](mailto:laurie.murray@fsma.k12.de.us) or Nurse Becky – [becky.adeleke@fsma.k12.de.us](mailto:becky.adeleke@fsma.k12.de.us)