

Next Steps for Families for Covid-Related Issues for Non-Vaccinated Students/Staff

(Vaccinated Students/Staff should contact the Covid Coordinator for case specific next steps)

Revised July 2021

<p>My child has had a known exposure to COVID-19, outside of school (exposure means that your child was within 6 feet of a lab confirmed positive case for more than 15 minutes).</p>	<p>My child is exhibiting one of the core Covid-19 symptoms: Fever (100.4 and above) Fatigue or extreme exhaustion New/worsening cough Nausea, vomiting or diarrhea New/worsening shortness of breath Sore throat</p>	<p>My child has tested positive for COVID-19 *If your child tested positive at school during weekly antigen testing, a PCR test will be done and sent to the lab. You should receive these results within 24 hours. The PCR test results can override the at-school antigen test results.</p>	<p>My child has been determined as a close contact/known exposure through FSMA's onsite testing. In schools, the CDC Guidance is that anyone who was within less than 6 feet of an infected student for more than 15 minutes and either the positive student or close contact was not properly wearing a mask.</p>
<p><u>What should I do?</u></p> <ol style="list-style-type: none"> Contact FSMA's Covid Coordinator – Courtney Fox Contact your Primary Care Provider (PCP) You may receive a call from Department of Public Health (DPH) Contact Tracing. Follow DPH instructions- stay home until released by DPH. DPH will issue you a clearance letter. Give this to the school nurse prior to returning to school. (If you don't receive a clearance letter, contact DPH (844-611-3231)) 	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> Ask yourself if your child may have been exposed to COVID-19. For example: <ul style="list-style-type: none"> Around an individual with a lab confirmed case? Traveled recently? Attended gathering with a group that is not in your household? Contact Nurse Laurie or Nurse Becky to share symptoms (If at home/if at school, the nurse will contact you). The nurses will be in communication with FSMA Covid Coordinator. Contact your Primary Care Provider and follow the recommended course of action 	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> You will be contacted by Department of Public Health (DPH) Contact your Primary Care Physician Follow all DPH isolation and quarantine directives. Contact FSMA's Covid Coordinator – Courtney Fox 	<p><u>What should I do?</u></p> <p>FSMA will contact you directly to let you know about the situation.</p> <p>Specific information about close contacts can be found on our website under Current Families/ Covid Resources.</p> <p>When quarantining due to close contact, please review the Close Contact and Quarantining document and contact your child's teacher to create a plan.</p>
<p><u>In order to return:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Negative covid test (5 – 7 days after known exposure) <input type="checkbox"/> Complete quarantine (10 days or 7 days is negative test at least 5 days after known exposure) 	<p><u>In order to return:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Be symptom free for at least 24 hours without medication AND one of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Complete quarantine (10 days) OR <input type="checkbox"/> Receive a negative covid test (5-7 days after exposure) 	<p><u>In order to return:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> DPH clearance letter <input type="checkbox"/> Complete isolation as dictated by DPH <input type="checkbox"/> No follow-up test for 3 months 	<p><u>In order to return:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Negative covid test (5 – 7 days after known exposure) <input type="checkbox"/> Complete quarantine (10 days or 7 days is negative test at least 5 days after known exposure)

<p>Important to Note: If your child had a known exposure, all siblings who attend FSMA should complete the 10 day quarantine and submit a negative covid test at day 5 - 7. The clearance date for the known exposure child may be used to clear all siblings (if no known exposure for siblings).</p> <p>Absences during quarantine will be considered excused.</p>	<p>Important to Note: Siblings should be monitored closely for symptoms. Sibling situations will be considered on a case by case basis, depending upon exposure, symptoms, etc.</p> <p>Absences during quarantine will be considered excused (for student and siblings).</p>	<p>Important to Note: <u>What will FSMA do?</u> In the case of a student testing positive, FSMA, will work with DPH to determine who they have been in close contact with and those in close contact. FSMA will not share any identifying information as we communicate with those who have been in close contact.</p>	<p>Important to Note: *Please know that the student/staff who tested positive will have a PCR test completed to verify positive results. This test overrides the antigen testing done at school. If a negative PCR test is received, your child will no longer be considered a close contact and can return to school.</p>
---	---	---	---

Please Note: **All test results should be sent directly to our Covid Coordinator** – courtney.fox@fsma.k12.de.us

For health and medical questions, please contact Nurse Laurie – laurie.murray@fsma.k12.de.us or Nurse Becky – becky.adeleke@fsma.k12.de.us