

<p>My child has had a <b>known exposure to COVID-19</b> (exposure means that your child was within 6 feet of a lab confirmed positive case for more than 15 minutes).</p>	<p>My child is <b>exhibiting one of the core Covid-19 symptoms:</b></p> <p>Fever (100.4 and above)                      Fatigue or extreme exhaustion  New/worsening cough                              Nausea, vomiting or diarrhea  New/worsening shortness of breath      Sore throat</p>	<p><b>My child has tested positive for COVID-19</b></p>
<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. Contact FSMA’s Covid Coordinator – Courtney Fox</li> <li>2. Contact your Primary Care Provider (PCP)</li> <li>3. You will receive a call from Department of Public Health (DPH) Contact Tracing. They will call you from this number: 302-446-4262</li> <li>4. Follow DPH instructions- stay home until released by DPH.</li> <li>5. DPH will issue you a clearance letter. Give this to the school nurse prior to returning to school. (If you don’t receive a clearance letter, contact DPH (844-611-3231)</li> <li>6. FSMA requires that children get tested for COVID-19 and strongly recommend that families get tested. It’s free and available! Use this link <a href="https://coronavirus.delaware.gov/testing">coronavirus.delaware.gov/testing</a></li> </ol>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. Ask yourself if your child may have been exposed to COVID-19. For example: <ul style="list-style-type: none"> <li>• Around an individual with a lab confirmed case?</li> <li>• Traveled recently?</li> <li>• Attended large gathering with a group that is not part of your household?</li> </ul> </li> <li>2. Contact Nurse Laurie or Nurse Becky to share symptoms (If at home) If at school, the nurse will contact you. The nurses will be in communication with FSMA Covid Coordinator.</li> <li>3. Contact your Primary Care Provider and follow the recommended course of action</li> </ol>	<p><u>What should I do?</u></p> <ol style="list-style-type: none"> <li>1. You will be contacted by Department of Public Health (DPH)</li> <li>2. Contact your Primary Care Physician</li> <li>3. Follow all DPH isolation and quarantine directives.</li> <li>4. Contact FSMA’s Covid Coordinator – Courtney Fox</li> </ol>
<p><u>In order to return:</u></p> <p>DPH clearance letter  Negative covid test (5 – 7 days after known exposure)  Complete quarantine (10 days or 7 days if negative test at least 5 days after known exposure)</p>	<p><u>In order to return:</u></p> <p>Be symptom free for at least 24 hours without medication  AND one of the following:</p> <ul style="list-style-type: none"> <li>€ Complete quarantine (10 days)</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>€ Receive a negative COVID-19 test (5 – 7 days after exposure)</li> </ul>	<p><u>In order to return:</u></p> <p>DPH clearance letter  Complete isolation as dictated by DPH  No follow-up test for 3 months</p>
<p><b>Important to Note:</b></p> <p>If your child had a known exposure, all siblings who attend FSMA should complete the 10 day quarantine and submit a negative covid test at day 5 - 7. The clearance date for the known exposure child may be used to clear all siblings (if no known exposure for siblings).</p> <p>Absences during quarantine will be considered excused.</p> <p>Students are not able to “drop-in” to distance learning program but teachers will provide materials to work on during quarantine.</p>	<p><b>Important to Note:</b></p> <p>Siblings should be monitored closely for symptoms. Sibling situations will be considered on a case by case basis, depending upon exposure, symptoms, etc.</p> <p>Absences during quarantine will be considered excused (for student and siblings).</p> <p>Students are not able to “drop-in” to distance learning program but teachers will provide materials to work on during quarantine</p>	<p><b>Important to Note:</b></p> <p><u>What will FSMA do?</u></p> <p>In the case of a student testing positive, FSMA, will work with DPH to determine who they have been in close contact with and those in close contact will need to follow the directives for “known exposure.”</p> <p>FSMA will not share any identifying information as we communicate with those who have been in close contact.</p>

**Please Note:** *All test results should be sent directly to our Covid Coordinator* – [courtney.fox@fsma.k12.de.us](mailto:courtney.fox@fsma.k12.de.us)

For health and medical questions, please contact Nurse Laurie – [laurie.murray@fsma.k12.de.us](mailto:laurie.murray@fsma.k12.de.us) or Nurse Becky – [becky.adeleke@fsma.k12.de.us](mailto:becky.adeleke@fsma.k12.de.us)