



First State Montessori Academy

January 2015

Lunch:
\$3.00
Reduced
Lunch:
\$0.40

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Center
Plate

Cool
Picks

<p>SLA Management is sensitive to the needs of students with disabilities and will make every reasonable effort to accommodate students with disabilities so they can enjoy school lunch. If your child has a medical condition that may be affected by eating school lunch, please contact your school's office for a Diet Modification form. In spite of our every effort, we cannot be absolutely certain that contaminants have not been introduced to products prior to their receipt, or preparation facilities used by a third party while not under the supervision of SLA Management.</p>			<p>1 Winter Break No School</p>	<p>2 Winter Break No School</p>
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Center
Plate

Cool
Picks

<p>5 BBQ Chicken Sandwich served with Southern Baked Beans and 100% Fruit Juice</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>	<p>6 All American Hot Dog served with Spiced Sweet Potato Waffle Fries and Sliced Peaches</p> <p>Ham & Cheese Mini Subs Sliced Deli Ham and American Cheese served on a Whole Grain Roll</p>	<p>7 WG Penne with Italian Meatsauce served with Garlic Green Beans and 100% Fruit Juice</p> <p>Grilled Chicken Salad Sliced Chicken, Cheddar Cheese and Garlic Croutons</p>	<p>8 Baked Homestyle Meatloaf served with a Dinner Roll, Mashed Potatoes and Applesauce</p> <p>Turkey Mozzarella Wrap Sliced Deli Turkey, Mozzarella Cheese and Chopped Romaine Lettuce</p>	<p>9 Mozzarella Sticks served with Seasoned Corn and Fresh Fruit</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>
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Center
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Cool
Picks

<p>12 Crispy Chicken Nuggets served with Cheesy Broccoli and Fruit Cocktail</p> <p>Turkey & Cheese Mini Subs Sliced Deli Turkey and American Cheese served on a Whole Grain Roll</p>	<p>13 Grilled Cheese served with Baked Seasoned French Fries and 100% Fruit Juice</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>	<p>14 Chicken Quesadillas served with Spanish-Style Black Beans and Fresh Fruit</p> <p>Santa Fe Chicken Snack Wrap with Sliced Chicken, Taco Seasoning, Cheddar Cheese, and Mild Salsa</p>	<p>15 Cheesy Lasagna Roll Up served with Garlic Breadstick, Italian Vegetable Medley and 100% Fruit Juice</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>	<p>16 Mozzarella Sticks served with Seasoned Corn and Fresh Orange Slices</p> <p>Crispy Chicken Salad with Sliced Breaded Chicken, Cheddar Cheese, and Garlic Croutons</p>
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Center
Plate

Cool
Picks

<p>19 MLK Day No School</p>	<p>20 Crispy Chicken Sandwich served with Sweet Potato Waffle Fries and 100% Fruit Juice</p> <p>Southwest Taco Salad Cheddar Cheese, Mild Taco Meat and Corn Tortilla Chips</p>	<p>21 All American Hot Dog served with Fresh Broccoli Spears and Fruit Cup</p> <p>Ham & Cheese Mini Subs Sliced Deli Ham and American Cheese served on a Whole Grain Roll</p>	<p>22 Italian Spaghetti and Meatballs served with Roasted Italian Vegetables and 100% Fruit Juice</p> <p>Chicken Caesar Wrap Sliced Chicken, Romaine Lettuce, Parmesan Cheese and Caesar Dressing</p>	<p>23 Mozzarella Sticks served with Seasoned Corn and Fresh Fruit</p> <p>BBQ Chicken Snack Wrap Sliced Chicken, BBQ Sauce, and Cheddar Cheese</p>
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Center
Plate

Cool
Picks

<p>26 Crispy Mini Corn Dog Nuggets served with Garlic Green Beans and Applesauce</p> <p>Turkey & Cheese Mini Subs Sliced Deli Turkey and American Cheese served on a Whole Grain Roll</p>	<p>27 Chicken Teriyaki with Brown Rice served with Steamed Broccoli and 100% Fruit Juice</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>	<p>28 Breakfast for Lunch served with Breakfast Potatoes and Fruit Cup</p> <p>Traditional Chicken Caesar Salad Romaine Lettuce, Sliced Chicken, Parmesan Cheese and Caesar Dressing</p>	<p>29 Chicken Nuggets served with BBQ Baked Beans and Fresh Banana</p> <p>Chicken Ranch Snack Wrap with Sliced Chicken, Chopped Lettuce, Cheddar Cheese and Ranch Dressing</p>	<p>30 Mozzarella Sticks served with Seasoned Corn and Fresh Fruit</p> <p>Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt</p>
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All Entrees with the exception of Entrée Salads are served with up to Two Fruits & Two Vegetables.
Entrée Salads are served with up to One Vegetable & Two Fruits.
Menu Subject to Change Based on Availability.
This institution is an equal opportunity provider and employer.