



First State Montessori Academy

December 2014

Lunch:
\$3.00
Reduced
Lunch:
\$0.40

	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Center Plate	Crispy Mini Corndog Nuggets served with Garlic Green Beans and Applesauce	Chicken Teriyaki with Brown Rice served with Steamed Broccoli and 100% Fruit Juice	Breakfast for Lunch served with Breakfast Potatoes and Fresh Fruit	Chicken Nuggets served with BBQ Baked Beans and Fresh Banana	Pepperoni Pizza served with Seasoned Corn and Fresh Fruit
Cool Picks	Turkey & Cheese Mini Subs Sliced Deli Turkey and American Cheese served on a Whole Grain Roll	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt	Traditional Chicken Caesar Salad with Romaine Lettuce, Sliced Chicken, Parmesan Cheese, and Caesar Dressing	Chicken Ranch Snack Wrap with Sliced Chicken, Chopped Lettuce, Cheddar Cheese and Ranch Dressing	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt
	8	9	10	11	12
Center Plate	Cheesy Mac n Cheese served with Spinach and Pineapple Chunks	Grilled Chicken Sandwich served with Southern Baked Beans and 100% Fruit Juice	Three Cheese Baked Ziti served with Roasted Broccoli Parmesan and Fresh Orange Slices	All American Cheeseburger served with Fresh Cucumber Slices and 100% Fruit Juice	Stuffed Crust Pizza served with Seasoned Corn and Fresh Fruit
Cool Picks	Chicken Caesar Wrap with Sliced Chicken, Romaine Lettuce, Parmesan Cheese, and Caesar Dressing	Spicy Buffalo Chicken Salad with Romaine Lettuce, Cheddar Cheese, and Spicy Buffalo Sauce	Crispy Chicken Snack Wrap with Crispy Breaded Chicken, Cheddar Cheese, and Ranch Dressing	Ham & Cheese Mini Subs Sliced Deli Ham and American Cheese served on a Whole Grain Roll	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt
	15	16	17	18	19
Center Plate	WG Popcorn Chicken Bites served with Green Beans and Applesauce	Cheese Calzones served with Italian Vegetable Medley and 100% Fruit Juice	Baked Homestyle Meatloaf served with Sweet Potato Tater Tots and Fresh Fruit	Holiday Meal Sliced Turkey, Mashed Potatoes and Gravy, Stuffing, Green Beans and Apple Crisp	Cheese Pizza served with Seasoned Corn and Fruit Cup
Cool Picks	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt	Kickin Buffalo Chicken Snack Wrap with Sliced Chicken, Spicy Buffalo Sauce, and Cheddar Cheese	Turkey & Cheese Mini Subs Sliced Deli Turkey and American Cheese served on a Whole Grain Roll		Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt
	22	23			
Center Plate	Cheesy Lasagne Roll Up served with Garlic Breadstick, Italian Vegetable Medley and 100% Fruit Juice	Winter Break December 23rd - January 2nd No School	SLA Management is sensitive to the needs of students with disabilities and will make every reasonable effort to accommodate students with disabilities so they can enjoy school lunch. If your child has a medical condition that may be affected by eating school lunch, please contact your school's office for a Diet Modification form. In spite of our every effort, we cannot be absolutely certain that contaminants have not been introduced to products prior to their receipt, or preparation facilities used by a third party while not under the supervision of SLA Management.		
Cool Picks	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt				

All Entrees with the exception of Entrée Salads are served with up to Two Fruits & Two Vegetables.

Entrée Salads are served with up to One Vegetable & Two Fruits.

Menu Subject to Change Based on Availability

This institution is an equal opportunity provider and employer.

