



First State Montessori Academy

November 2014

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Center Plate

Cool Picks

SLA Management is sensitive to the needs of students with disabilities and will make every reasonable effort to accommodate students with disabilities so they can enjoy school lunch. If your child has a medical condition that may be affected by eating school lunch, please contact your school's office for a Diet Modification form. In spite of our every effort, we cannot be absolutely certain that contaminants have not been introduced to products prior to their receipt, or preparation facilities used by a third party while not under the supervision of SLA Management.

Center Plate

Cool Picks

3	4	5	6	7
Breakfast for Lunch served with Breakfast Potatoes, and 100% Fruit Juice	Mexican Fiesta Pizza served with Spiced Sweet Potato Waffle Fries and Sliced Peaches	WG Penne with Italian Meatsauce served with Garlic Green Beans and 100% Fruit Juice	Baked Homestyle Meatloaf served with a Dinner Roll, Mashed Potatoes, and Applesauce	Pepperoni Pizza served with Seasoned Corn and Fresh Fruit
Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt	Ham & Cheese Mini Subs Sliced Deli Ham and American Cheese served on a Whole Grain Roll	Grilled Chicken Salad with Sliced Chicken, Cheddar Cheese, and Garlic Croutons	Turkey Mozzarella Wrap with Sliced Deli Turkey, Mozzarella Cheese and Chopped Romaine	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt

Center Plate

Cool Picks

10	11	12	13	14
Grilled Cheese served with Baked Seasoned French Fries and 100% Fruit Juice	Veterans Day No School	Cheesy Lasagna Roll-Up served with Garlic Breadstick, Italian Vegetable Medley and Applesauce	Chicken Quesadillas served with Spanish Style Black Beans and Fresh Fruit	Stuffed Crust Pizza served with Seasoned Corn and Fresh Orange Slices
Southwest Taco Salad with Cheddar Cheese, Mild Taco Meat and Corn Tortilla Chips		Santa Fe Chicken Snack Wrap with Sliced Chicken, Taco Seasoning, Cheddar Cheese and Mild Salsa	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt	Crispy Chicken Salad with Sliced Breaded Chicken, Cheddar Cheese and Garlic Croutons

Center Plate

Cool Picks

17	18	19	20	21
WG Popcorn Chicken Bites served with Green Beans and Applesauce	Turkey Pepperoni Calzones served with Italian Vegetable Medley and 100% Fruit Juice	Cheeseburger served with Sweet Potato Tater Tors and Fresh Fruit	SLA Thanksgiving Feast Sliced Turkey Mashed Potatoes and Gravy Stuffing Green Beans Apple Crisp	Parent Teacher Conferences No School
Oriental Chicken Salad with Mandarin Orange Chicken, Cheddar Cheese, and Chopped Romaine Lettuce	Kickin Buffalo Chicken Snack Wrap with Sliced Chicken, Spicy Buffalo Sauce and Cheddar Cheese	Turkey & Cheese Mini Subs Sliced Deli Turkey and American Cheese served on a Whole Grain Roll	Muffin and Yogurt Cool Pack WG Blueberry Muffin, with Graham Crackers, String Cheese, and Yogurt	

Center Plate

Cool Picks

24	25	26	27	28
Parent Teacher Conferences No School	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving No School	Thanksgiving Break No School

All Entrees with the exception of Entrée Salads are served with up to Two Fruits & Two Vegetables.

Entrée Salads are served with up to One Vegetable & Two Fruits.

This institution is an equal opportunity provider and employer.